

I am happy to present the 10th issue of Royalweeks of this year. It is also a 3T special; "TOMI, TOM & TOMY" issue of Royalweeks. Of course this issue cover extensively the reports on the 50th Wedding anniversary of Rtn Tomi Eapen. The Revi Karunakaran Rotary hall was almost full with Rotarians, Anns and annets at the regular meeting day on 28th August to celebrate the Golden Jubilee couple. Perhaps it would be rated as a meeting with record attendance for the club. Rotarians present at the meeting were heaping praises on the Tomi and Sheela and felicitating them by presenting bouquets, garlands and adorning ponnada. Tomi in his emotional reply speech said that he has been flabbergasted and overwhelmed too with the love and affection showered upon by the fellow rotarians. A brief on his reply speech is given elsewhere. In this context I recall that when I was the editor during the year 2019-20, I had occasion to interview Tomi for a column "Frankly Speaking" in which Tomi has stated that "Rotary transformed him to reach greater heights in life". It is equally true that through his innumerable contributions Tomi has elevated the club to greater heights.

The second one is our Rtn Tom F Joseph. Knowing pretty well that he is an accomplished sports person, I wanted him to give me a write up for the Fitness column and he readily obliged. I am sure the note shared by him will inspire many. My appeal to all the readers is that, please share it with your family members also so that they will also get inspired with his hard work for maintaining fitness.

The third T is our senior rotarian Rtn Tomy Pulickattil. Though he has 30 years standing in Rotary, his business and other social commitments seldom allow him to take part in Rotary activities. Nevertheless, the social commitments through other organisations he is leading, are much more than what Rotary can do. He is Royalweeks first choice for 'Rotarian in the spotlight' column this week.

Jai Rotary!

## Rotary transformed me to reach greater heights in life- says Tomi Eapen



Rtn. Tomi Eapen in his emotionally charged reply speech said that "words are few when the heart is full". He was so overwhelmed that he was flabbergasted at the love, affection and care that poured on Sheela and him by the beloved Rotarians. He recollected his tryst with Rotary since 1970 when he joined Rotaract Club as a charter member and had a meteoric rise to its helm as the District Governor(Rotaract).

In his forty eight year long Rotary life, he added that what he cherishes most was the christening of the bulletin as 'Royalweeks' which stands for abbreviation of 'Rotary Club of Alleppey Weekly Bulletins'. He could be its editor for over 14 times. To crown all, RW was adjudged the Best Bulletin in India and he the Best Editor in 1980, by R C Moradabad in UP.

The second milestone was the tracing of the history of the Club and published 'Four Decades of Service' in 1980 and its second edition, 'The Marvelling Saga of Seven Decades' in 2019. He added that 'The Platinum Saga' would be completed by December 2024.

He also touched upon the hardships that he encountered during his search for history. It was sleeping in the bulletins kept in bundles in the upper deck of the kitchen of a past President Rtn. Kassim Sait. He climbed through a flimsy ladder and got it amidst cobweb and smoke smeared surroundings.

He concluded that Rotaryism was embedded in his heart and soul and that he and his wife would be remembered dearly by posterity who would become Rotarians of tomorrows.



**STEPHANIE A. URCHICK**  
RI President



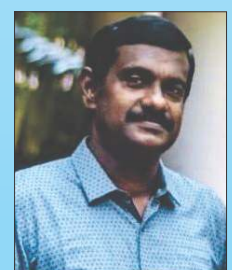
**Rtn. AKSM SUDHI JABBAR**  
Dist. Governor



**Rtn. ANTONY MALAYIL**  
Asst. Governor



**Rtn. JOHN KURIAN**  
President



**Rtn. SUJITH T.S**  
Secretary



# Minutes of the regular meeting held on 28th August 2024

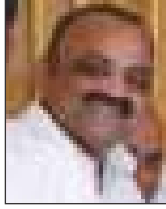
The meeting was called to order by the President Rtn. John Kurian at 7:30 pm. Rtn. Tomi Eapen invoked the blessings of God Almighty. In the presidential address Rtn Kurian informed that accompanied by a team of rotarians, a visit was made to Rtn. Arjuna Reddier's residence on his birthday to honour him. It was also informed that 10 Rotarians attended the Membership Development Seminar held at Sabari Convention Center, Haripad. Then he mentioned the project "Madhuram Malayalam", initiated on 26/8/24, in which the club sponsored 5 copies of Mathrubhumi Daily newspaper to Govt. Girls High School Alleppey for a period of 1 year. The president also wished Rtn. Tomi Eapen and Sheela Tomi Eapen on their 50th wedding anniversary. The club members and Anns honored Rtn. Tomi Eapen, after which in his speech, Rtn. Tomi Eapen conveyed his sincere thanks to all the rotarians, anns

and annets who gathered for the meeting. Rtn. Dr. Sethu Ravi shared her experience of attending the Membership Development Seminar at Haripad. Then the Secretary Rtn. Sujith T S thanked, Rtn. R. Krishnan, Rtn. Sajan Nair, Rtn. George Thomas, Rtn. Kumaraswamy Pillai, Rtn Rosie John, Rtn. Jose Abraham and Rtn. DR. Sethu Ravi for their active participation in the meeting, and offered a special thanks to the host of the day Rtn. Tomi Eapen. Then the meeting was adjourned by the president at 8:45 pm for dinner and fellowship.

**Rtn Sujith T S**  
Secretary

## Quote of the week

കഴിഞ്ഞ അ നൂറ്റാണ്ട് ആയി കുലീനരായ പെരുമാറ്റം കൊണ്ട് എവരെയും ആകർഷിക്കുന്ന അദ്ദേഹം റോട്ടറിയിലേക്ക് പലരെയും കൈ പിടിച്ചു ആനയിച്ചു.. ഈ ജീവിത പന്യാസിൽ ആദ്യേതനിന് കൂട്ടായി സ്നേഹനിധി യായ ഷീല ചേച്ചിയും..വിവാഹ ജീവിതം അൻപതു വർഷം പിന്നിടുന്ന ഈ വേളയിൽ ഇനിയും ഒരുപാട് വർഷങ്ങൾ സന്തോഷത്തോടെ ജീവിക്കാൻ സർവേശ്വരൻ അനുഗ്രഹിക്കട്ടെ ??



### - Rtn R Unnikrishnan

ഓഹി ഈപ്പൻ,,, ആലപ്പുഴ തുടങ്ങി സാമൂഹ്യ ജീവിതത്തിൽ ഒഴിച്ചുകൂടാനാകാത്ത പേര് .... അദ്ധ്യാപകനായും,, സാമൂഹ്യ പ്രവർത്തകൻ ആയും,, പ്രിൻസിപ്പൽ ആയും,,, കമ്പനി എക്സിക്യൂട്ടീവ് ആയും,,അങ്ങനെ വിവിധ മേഖലകളിൽ നിറഞ്ഞു നിൽക്കുന്ന ബഹുമുഖ പ്രതിഭ..

## NOTICE

The Board at its meeting held on 2nd September 24, approved the proposal for inducting Mr Jogi Cyriac to our club. Those who have any objection in adding the said person to our club, may give im writing to the Secretary within 7 days. The bo-data of Jogi is given below:

**JOGI CYRIAC**,Kaniyamparambil,

Thathampally,Alleppey

(Son of Late Cyriac Kurien & Celine Cyriac)

Educational Qualifications:

Masters in commerce from SD College,Alleppey

Fellow of Insurance institute of India

**Profession**

Took career in General Insurance and retired as Divisional Manager of Malappuram from Oriental Insurance Co Ltd A Government of India undertaking

Currently managing family agricultural properties and other assets

Association with social organisations

Full member in YMCA,Alleppey

Member United club of Alleppey

Member CYMA

Married to: Mrs Mtizy Jogi from Thrissur

She is a government employee working as Asst. Secretary In Local self government Department

Two sons: Dr Cyriac Jogi and Mr.Deepak Jogi

Cyriac took his MBBS from St John's medical college Bangalore and persueing his MD in Dermatology there

Deepak working as scientist engineer in ISRO after his BTech from Indian Institute of space science and technology



**Tomi & Sheela  
@50**

## Anniversary wishes heaped on Tomi & Sheela





# MY FITNESS CHALLENGE



I've the privilege of being an active member of the Rotary Club of Alleppey, a community that has enriched my life in countless ways. However, my journey of transformation and resilience extends far beyond my involvement in the Rotary Club. From a young age, sports has been an integral part of my life. During my school days, I was known as the fastest runner, even earning the title of sports champion. I believed that my active lifestyle would naturally sustain my fitness throughout my life. But as the years went by, I realized that this was not the case. My weight began to increase, my blood tests showed concerning results, and my endurance began to wane. Determined to reclaim my fitness, I made the decision to abandon my sedentary lifestyle and reignite my passion for physical activity. This decision led me to meet a group of like-minded individuals who were part of a club called Athletico de Alleppey. Their enthusiasm and support fuelled my motivation, and I gradually progressed from walking and running 3 kilometers to completing 5K, 10K, and eventually, half marathons of 21 kilometers. But I didn't stop there. I ventured into swimming, starting with short distances and eventually conquering long distances of 2 to 3 kilometers. My growing confidence and determination led me to take on the ultimate challenge: the Ironman triathlon, a gruelling test of endurance that combines swimming, running, and biking in a single event. As time passed, I found myself drawn to a lesser-known sport: arm wrestling. In 2021, my dedication and training paid off, and I became the Gold medalist in my category in the Alleppey District. Over the past three years, I have maintained this title, and I am proud to be ranked second in Kerala and 12th in India according to the Pro Panja League. Today, I am honored to serve as the Vice Captain of the Mumbai Muscles team in this prestigious league. Reflecting on my journey, I firmly believe that regular exercise should be an essential part of our daily lives, instilled in us from a young age. It's not something we should turn to only when our health begins to decline or when our lifestyle and diet take a toll on our well-being. A minimum of half an hour each day dedicated to fitness is crucial for a healthy and happy life. In conclusion, my experiences have taught me that fitness is not just about physical strength but also about mental resilience and determination. It is never too late to embark on a journey of self-improvement, and the rewards are immeasurable.

**Rtn Tom F Joseph** **(Next week: Rtn Ajith T.S)**

## CLUB ROUND UP





# Rotarian in the spotlight



Rtn Tomy Pulickattil is often in the limelight not for rotary matters but for his other social initiatives as the President of FuMMA. Tomy has been always taking a lead role in communtiy service projects and also protecting the environment. During the super floods time, Tomy with the support of Kerala Travel Mart had ditsributes food and drinking water to all the flood victims in Kuttanad. I remember around 5 years back, Tomy through the house boat owners association had initiated a campaign of cleaning Punnamada lake and handed over the plastic bottles collected under the campaign to the Clean Kerala Company Ltd. The campaign was appreciated by all and was reported prominently in the Press and media. During last year Tomy as the President of Furniture Manufacturers & Mearchants Welfare Association implemented a novel project of planting 1 lakh saplings of hard woodtrees which will be nurtured by the furniture manufacturers all over Kerala. Tomy's vision is that these trees when fully grown will compensate the rees cut for furniture making. And now Tomy through FuMMA has taken up a mega project of donating the entire furniture items required for the houses for the rehabilitation of the victims of Wayanad landslide disaster. The Government has planned to contsruct 387 houses as township in 3 months. Tomy says that the Ditsrict Adminitration later changed the programme and appealed to FuMMA to supply the furniture urgently to furnish the houses hired to provide temporary shelters to the victims. Tomy and his collegeus rose to occasion and handed over the furniture items for 200 houses last week to Smt Meghsaree S R, Ditsrict Collector, Wayanad. Rest items will be handed over on 4th September 2024. Royalweeks extends heatry Congratulations to Tomy Pulickattil for his yoemen services to the communtiy and wishes him all the best.

## NEXT MEETING

4th September 2024 @ 7.30 pm  
HOST: Rtn. C.A Vidhukumar



- 10 Rtn. Mohammed Aslam
- 23 Rtn. Vijayalakshmi Nair
- 24 Rtn. Krishnan. R

## SEPTEMBER



- 4Rtn. Shan T. P & Renjini
- 8Rtn. Sabil Raj & Yamuna
- 8Rtn. Lakshmi Gopakumar & Pramod Nair
- 11Rtn. Aju Jacob Mathew & Soumya

# vismay



Your Trusted Shop

## GOODMORNING ENTERPRISES

C. C. N. B. Road, Alappuzha M:9645906114



## Classic Regency

Railway Station Ward, Beach, Alappuzha - 688012

Phone: +91 9073 60 60 60, +91 477 299 00 66, +91 477 22 52 55  
Email: reservation@classicregency.com, website: www.classicregency.com

Please follow us on



# നീലിമ

## ആലപ്പുഴ



## Umbrellas

## Ayiroor Motors

Service, Spare, Body Repaire



Aryad South VCNB Road canal Ward,  
Alappuzha North, Alappuzha, kerala - 688007  
Ph: 0477 - 2241230, +91 98461 12340

## THE KARAN GROUP OF COMPANIES

### ALLEPPEY

## Lake Palace

a luxury backwater resort



Available at:

## palathra

FASHION JEWELLERS

Mullakkal, Alappuzha - 688 011 Mob: 889133387  
www.palathraiply.com